

Consequences & Restitution Flow Chart

A chance to fix one's mistakes

Address feelings behind behavior with empathy

All fun stops until Consequence or Act of Apology is completed

Consequences
Things which are good for you

Restitution
Act of Apology

**Natural
(Logical)**

- Child makes a mess by accident, s/he cleans it up. If it was done on purpose, the whole table, or floor, or room is cleaned
- Child breaks something in the house, s/he helps pay for it and helps fix it (labor & \$)
- Child breaks another child's toy, s/he gives them one of his/hers or buys a replacement
- Child dawdles getting ready for school and misses the bus, s/he pays parent "cab fare" to drive him/her to school

**Supernatural
(Created by Parent)**

- Extra chores (done side by side with parent to increase bonding)
- Child spends 1/2 an hour wasting Mom's time, then owes Mom a 1/2 an hour of "hassle time," (doing a chore that Mom would normally do)
- Reading and copying passages from life-affirming, positive, philosophical writings
- If sister is tormenting brother, brother gets paid a quarter (or other appropriate, small sum) for each offense

- Make a card or cookies for the child who was wronged

- Replace a toy which was deliberately broken, either with one of child's own, a newly purchased toy, or with a gift card
- Sibling who is teasing other sibling must do one of his/her chores.
- Give Mom/Dad a foot or neck massage.